

HYMN—THE POOR MAN'S DAY.

BY BENJAMIN ELIOT.

Hail Sabbath! thee I hail the poor man's day!—Graham.

Sabbath holy!

To the lowly

Still thou art a welcome day,

When thou comest, earth and ocean,

Shade and brightness, rest and motion,

Help the poor man's heart to pray.

Sun-waked forest,

Rustle that sweet

O'er the mute enchanted moor,

Thou art the song that stream-like flows,

Wind that over dew-drops goes,

Welcome now the sad-woman poor.

Little river,

Young for ever,

Cloud, gold bright with twinkling gleam,

Happily woodbine, gladly weeping,

Quail within the wild-rose keeping,

O that they were blest as ye!

Sabbath holy!

To the lowly

Point with dew-drops glittering sod,

For affliction's sons and daughters

Mid the mountain's wood and waters

Pray to God, the poor man's God!

From the fever

Ills never,

Where on hope, faint heart the door;

From the gloom of sorrow's sleep,

Lead thou to green hills and valleys

Plundered England's trampled poor.

Pale young mother,

Gaping brother,

Staters bowed in despair,

Grief-bowed care that life-long diet,

White-lipped child that sleeping sighs,

Come and drink the light and air!

Typhoid nurse ye,

While they nurse ye

Life for death's wrong to pay!

Yet O Sabbath! bring gladness

Unto hearts of weary sadness,

Still art thou the poor man's day.

Sabbath's Father!

Wouldst thou rather

Some would care than all be blessed?

From that hot and bloody

Twine oppressor's golden noose

Bring the poor man's day of rest,—

With his healing,

With his healing,

With his humble trusting bliss

With the poor man's honest kindness,

Bless the poor man's heart of blindness,—

Touch him what religion is!

From the Philadelphia Casket.

Leaves from a Lawyer's Port-Folio.

"Jailer, look to him—Tell me not of mercy,"—SINCE.

THE VICTIM.

[CONTINUED.]

Days, weeks, months passed by and still Howard

continued in prison. As his hopes grew darker

and darker, and his friends one by one dropped off,

his spirit began to give way under the accumulated

load of misery, and his health gradually declined.

His only solace was in the constant presence of his

wife. Day after day, in summer or winter, in cold

heat, or in the midst of the prison gate at

early dawn, waiting for the hour of admission;

and when night drew on, and the regulations of the

prison forced her to depart, she was always the last

to leave the portal, and could be seen slowly

passing down the street, looking around at almost every

step, as if her whole heart was interred within

those gloomy walls. And she too dropped. Though

supported by her relatives, and in possession of

comfort if not of luxury, every delicacy she en-

joyed only seemed to cut her to the heart the more

when she reflected that her husband was debilitated

even from the pure air of heaven. Oh! what tongue

can tell, what pen can trace the slow, wearisome,

increasing agony of such a life as hers?

Oppressive as the system of imprisonment for

debt is now considered, and ameliorated as is the

condition of the prisoner in consequence thereof,

we have only a faint idea of the living torture in-

flicted upon the victim of poverty under the old

regime in our prisons. Cut off from every com-

fort, confined in close and noxious cells, deprived

of all hope of release, unless by the relenting of

their creditors, the poor, unhappy debtor dragged

on his being in misery and despair, until death

came to release him from his sufferings. Buried

in his living grave, friendless, deserted and for-

gotten, even sympathy was a stranger to his desolated

home. His complaints never reached the open air;

his very dying prayer fell unheeded on mercenary

ears; the hand of love wiped not the sorrow nor

smoothed the pillow of death; and the last agonies

of the departing soul, instead of being cheered by

holy tenderness, passed too often amid the jeers

and curses and blasphemies of the most degraded

of the human race.

What then must have been the agony of my poor

friend when he saw how hopeless was his freedom

and that all these miseries would sooner or later be

his lot. He would not even seek consolation in

unburdening his bosom to his wife, lest she should

wound her gentle spirit with the sight of his tor-

tures, but forced himself to affect a cheerfulness

before her, which only made the agony that preyed

upon his heart more fearful in her absence. How

day by day, and month by month, as despair took

deeper hold upon his breast, must he have suf-

fered like Prometheus, undying tortures. How ter-

rible his struggles; how fearful his agony. Do all

he could he might not rend the monsters that en-

twined themselves about him. Like Laceron he was

in the folds of the serpent, and every struggle

only tightened their grasp. My pen trembles as

I recall it; but oh! the agony of the reality.

I have said that in the company of his wife How-

ard found his only solace, and its value to one like

him can better be imagined than described. He

had always seemed to live in her presence—he

now adored her very footsteps as those of an an-

gel. And to him she was indeed bringing light

and life into his gloomy prison and leaving at her

The fading of her cheek soon caught her hus-

band's eye, and a new terror awoke in his bosom.

What if he should lose that lovely wife, what if

the color at times on her cheek told of the monster

at her vital! Alone and friendless as he should then

be, the superadded horrors of his own situation

never crossed his mind. He thought only of Mary,

every faculty was engaged in her; and he watched

her daily for some new symptom with an intensity

of which others more favored can scarcely be con-

scious. She was to him his world, his all; his very

being was wrapped up in hers; he could not exist if

CHASE'S COOKING STOVE.

OPERATING UPON A PRINCIPLE ENTIRELY NEW.

THIS subscriber having contracted with Mr. S. L. Chase

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NASHUA AND LOWELL RAIL-ROAD.

SUMMER ARRANGEMENT.

ON and after Wednesday, April 1, 1890, the passenger

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THOMSON'S INFIRMARY.

INSANE HOSPITAL.

EAST RANDOLPH, VT.

DR. J. SMITH.

TENDER his grateful acknowledgments to his friends

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